South Page May Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients Avg
3 No school today	4 Breakfast Sliders Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	5 Yogurt and Granola Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	6 Eggo French Toast/Sausage Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	7 Pop tart, whole grain 2 pack Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	Calories 514 Sodium 512 mg Dietary Fiber 5.60 g Total Fat 7.70 g 13.5% Saturated Fat 1.91 g 3.3%
10 Cinnamon Roll 2.5 oz Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	11 Breakfast Bites Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	12 Long John WG Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	13 Breakfast Pizza Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	14 Cereal and Animal Crackers Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	Calories 505 Sodium 553 mg Dietary Fiber 4.98 g Total Fat 11.70 g 20.8% Saturated Fat 4.19 g 7.5%
17 Pop tart, whole grain 2 pack Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	18 Waffle and Syrup Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	19 Sausage/Pancake on Stick Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	20 Biscuit and Gravy Milk Assorted Juice Cup or Box Fruit- Canned or Fresh	21 Scrambled Egg with Bacon/Chs Biscuit. 2 oz WG Juice Cup or Box Fruit- Canned or Fresh Milk Assorted	Calories 526 Sodium 667 mg Dietary Fiber 4.83 g Total Fat 13.43 g 23.0% Saturated Fat 5.32 g 9.1%
24 Pancakes Milk Assorted Juice Cup or Box Fruit- Canned or Fresh Syrup, maple	25 [redacted]	26 [redacted]	27	28	Calories 560 Sodium 936 mg Dietary Fiber 6.82 g Total Fat 11.51 g 18.5% Saturated Fat 3.64 g 5.9%
31					Calories 0 Sodium 0 mg Dietary Fiber 0.00 g Total Fat 0.00 g 0.0% Saturated Fat 0.00 g 0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDSŽ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

South Page Lunch Menu - May, 2021
Senior Menus Featured

May 3	May 4	May 5	May 6	May 7
	Congratulations Alyssa	*Congratulations Carissa Jessalee Brayden*	*Congratulations Cassie Isaac Shalee*	
No School Today	Cheeseburger French Fries Celery Sticks Pineapple Famous Amos Choc. Chip Cookies Tea Roll Milk	Orange Chicken Salad Baby Carrots Peaches, Pears or Pineapple Tea Roll Sherbet Cup Milk	Crispitos and Cheese sauce Green Beans Tropical Fruit Tea Roll Chocolate Pudding or Dirt Cake Milk	Stuffed Crust Pizza Broccoli & cheese Apples Mini Muffin Milk
May 10	**May 11**	**May 12**	**May 13**	**May 14**
Congratul Mason	*Congratulations Giorgia*			
Walking Taco Salad Strawberries Tea Roll Ice Cream Milk	Chicken Nuggets Broccoli & Ranch Green Grapes Tea Roll Donuts	Quesadilla Green Beans Peaches Tea Rolls Fruit Roll ups	Chicken Fried Steak Mashed Potato Gravy Pineapple Biscuit	Pizza Crunchers Corn Melon Breadsticks Jello Cake (thanks Brayden)
May 17	**May 18**	**May 19**	**May 20**	**May 21**
Pork Loin AuGratin Potato Pears Tea Roll Milk	Chicken Drumstick Broccoli and Cheese Pineapple Tea Roll Cookie	Taco Pizza Green Beans Peaches Tea Rolls Fruit Roll ups	Meatball Sub Coleslaw Baby Carrots Pineapple Tea Roll	Grilled Cheese Corn Mandarin Oranges Chips Jello Cup
May 24	**May 25**	**May 26**		
Meatloaf Mashed Potatoes Apple slices Biscuit Cookie	[redacted]	[redacted]	HAVE A WONDERFUL SUMMER!!!	