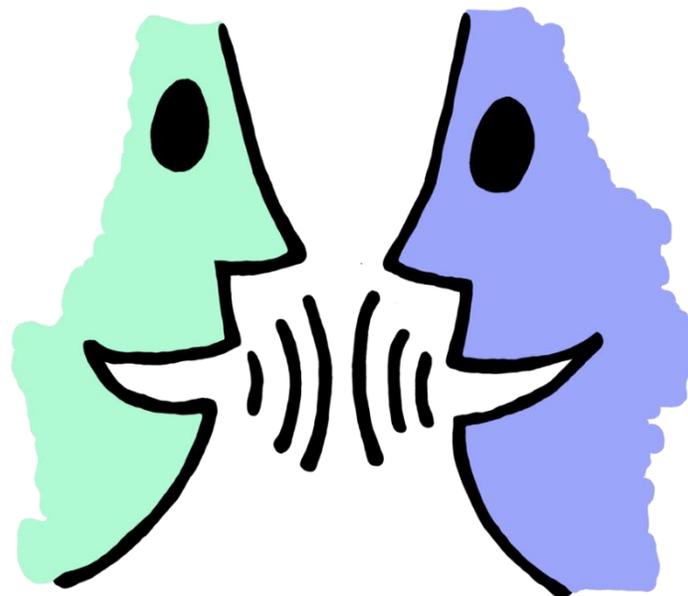


Help Connect Resource Directory



Updated 9/16/2022

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Help Connect Resource Directory

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Please call Iowa State University (ISU) Extension and Outreach - Page County with additions or corrections at 712-542-5171 or send an e-mail message to

| Business Name | Website | Phone Number |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| 1. Abuse - Adult and Child | | |
| Boys Town National Hotline Number | https://www.boystown.org/hotline/Pages/default.aspx | 1-800-448-3000 |
| Catholic Charities Phoenix House Office (24 hours)- Des Moines | www.catholiccharitiesdm.org | 712-328-0266 |
| Child Protective/DHS (Monday-Friday, 8 a.m. to 4:30 p.m.) | https://dhs.iowa.gov/child-welfare/child-protective-services | 1-877-683-0323 |
| Department of Human Services: Located at Montgomery County | https://dhs.iowa.gov/node/1946 | 712-626-4838 |
| | | 1-888-623-4838 |
| Domestic Abuse Hotline | https://cfiowa.org/programs/domestic-violence/iowa-domestic-violence-hotline/ | 1-800-942-0333 |
| Domestic Abuse/Sexual Assault Agency Hotline (serves Page County) | https://www.catholiccharitiesdm.org/contact-us/ | 1-888-612-0266 |
| Child/Dependent Adult Abuse Hotline | https://dhs.iowa.gov/report-abuse-and-fraud | 1-800-362-2178 |
| Family Crisis center (M-F: 8:30 a.m. - 12:30 p.m.) (Adam, Cass, Ringgold, Taylor, Union) | | 1-800-696-5123 |
| Iowa State University - Iowa Concern Hotline | https://www.extension.iastate.edu/iowaconcern/ | 1-800-447-1985 |
| Southwest Iowa Families Batter's Education Program | http://www.southwestiowafamilies.org/ | 712-542-3501 |
| | | 1-888-468-9599 |
| Southwest Iowa Families, Inc | www.southwestiowafamilies.org | 712-542-3501 |
| *Anger Management; After Care Serices; Behavior Health Intercation; Bright & Beautiful Beginnings; Children's Play Therapy; Dinosaur School; Individual, Family, and Marriage Counseling; Parent/Child Interaction Therapy; Positive Family Home Visiting Program; The Nest | | 1-888-486-9599 |
| 2. Advocacy Groups | | |
| Alliance for Mentally Ill of Iowa (NAMI) | https://namiiowa.org/ | 515-254-0417 |
| Attorney General's Consumer Protection Division | https://www.iowaattorneygeneral.gov/for-consumers | 515-281-5926 |
| Commission of Veterans Affairs | https://pagecounty.iowa.gov/offices/veterans-affairs/ | 1-800-827-1000 |
| Connections Area Agency on Aging | https://www.connectionsaaa.org/ | 1-800-432-9209 |
| Divisions of Latino Affairs | https://humanrights.iowa.gov/cas/la | 515-281-4080 |
| Eldercare Locator | https://eldercare.acl.gov/Public/Index.aspx | 1-800-677-1116 |
| Hispanic Center, Shenandoah | | 712-246-2153 |
| Iowa Association of Area Agencies on Aging | https://i4a.org/ | 1-866-468-7887 |
| Iowa Commission on Status of Women | https://humanrights.iowa.gov/cas/icsw | 1-800-558-4427 |

| Business Name | Website | Phone Number |
|--------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| Iowa Comapss (disabilities) | https://iowacompass.org/ | 1-800-779-2001 |
| Iowa Department of Human Rights | https://humanrights.iowa.gov/ | 515-242-5655 |
| Iowa Department of Aging (Shenandoah) | https://iowaaging.gov/ | 515-725-3333 |
| Iowa Disability Rights | https://disabilityrightsowa.org/ | 515-278-2502 1-800-779-2502 |
| Iowa Division of Labor (M-F 8 a.m. - 4:30 p.m.) | https://www.iowadivisionoflabor.gov/ | 515-281-3606 |
| Iowa Office of Ombudsman | https://www.legis.iowa.gov/Ombudsman/ | 1-888-426-6283 |
| Iowa Senior Health Insurance Information Program | https://shiip.iowa.gov/ | 1-800-385-4664 |
| Latino Resource Center - Southwest Iowa | | 712-623-3591 |
| Long-term Care Ombudsman | https://acl.gov/programs/Protecting-Rights-and-Preventing-Abuse/Long-term-Care-Ombudsman-Program | 1-800-532-3212 |
| Southwest Iowa Habitat for Humanity | | 712-246-1821 |

3. Basic Needs

Transportation

| | | |
|-------------------------------------------|--------------------------------------------------------------------------------|----------------|
| Greyhound Bus Lines (informaiton Hotline) | www.greyhound.com | 1-800-231-2222 |
| Grab a Cab Taxi Service | | 712-542-1131 |
| Iowa Compass (disabilites) | www.iowacompass.org | 1-800-779-2001 |
| Southwest Iowa Transit Agency | www.swipco.org/transit_swita | 712-243-2518 |

Housing

| | | |
|----------------------------------------------------------------------------|--|--------------|
| Autumn Park (Low Income Based Rent) | | 712-246-4898 |
| Clarinda Low Rent Housing (Low Income Based Rent) - Clarhaven Foster Manor | | 712-542-2912 |
| Clarinda West Appartments (Low Income Based Rent) | | 712-542-4075 |
| Forest Park Manor (Low Income Based Rent) | | 712-246-3213 |
| Meadow Run Appartments (Low Income Based Rent) | | 712-542-2249 |
| Shenwood Appartments (Low Income Based Rent) | | 712-246-2340 |
| Southern Iowa Regional Housing Authority (Low Income Based Rent) | | 641-782-8585 |
| Southwest Iowa Habitat for Humanity | | 712-246-1821 |

| Business Name | Website | Phone Number |
|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Timber Creek Apartments (Low Income Based Rent) | | 712-542-4075 |
| Valley View Apartments - Shenandoah (Market Rent) | | 712-246-2044 |
| <i>Financial</i> | | |
| Consumer Credit Counseling | www.credit.org/cccs | 515-287-6428 |
| Department of Human Services: Located at Montgomery County | www.dhs.iowa.gov | 712-623-4838 |
| | | 1-888-623-4838 |
| Farm Service Agency | https://www.fsa.usda.gov/state-offices/iowa/index | 712-542-5137 |
| Iowa Concern Hotline | https://www.extension.iastate.edu/iowaconcern/ | 1-800-447-1985 |
| Page County Veterans Affairs (Janet Olsen) | https://pagecounty.iowa.gov/offices/veterans-affairs/ | 712-246-4254 |
| | | 1-877-899-0007 |
| Social Security Administration | https://ssoffice.location.com/offices/iowa/creston/creston-social-security-office-50801/ | 712-623-4838 |
| Teleservice Center | | 1-800-772-1213 |
| District Office | | 641-782-8072 |
| <i>Food</i> | | |
| Clarinda Community Center Thrift Shop - referral needed (9 a.m. to 12 p.m.) | www.facebook.com/shenandoahfoodpantry | 712-542-3161 |
| *Community Food Pantry - referral needed from the Methodist Church (Tuesday, Wednesday, Thursday 9 a.m. through 11 a.m.) | | 712-542-3161 |
| | | 712-2463190 |
| Community Food Pantry - (1209 5th Ave, Shenandoah Tueaday and Friday 9:15 a.m. -11:30 a.m.) | | 712-246-2093 |
| Congregate Meal Site - Clarinda Senior Center (Lied Center) | | 712-542-2932 |
| Fresh Eats Program (Clarinda Hospital) - Home Delivered Meals | https://www.clarindahealth.com/food-services/cafeteria | 712-542-8261 |
| Meals on Wheels (Shenandoah Medical Center) | | 712-246-1230 |
| | | 712-246-2751 |
| | | 712-246-1782 |
| Page Count Veterans Affairs (Janet Olsen) | https://pagecounty.iowa.gov/offices/veterans-affairs/ | 712-246-4254 |
| | | 1-877-899-0007 |
| Sew & Share Pantry - referral needed from the United Methodist Church (Wednesday 1 p.m.-3 p.m.) | www.facebook.com/ClarindaFoodPantry | 712-542-3719 |
| Slavation Army/Food Pantry Referrals/Methodist Church | | 712-542-2983 |

| Business Name | Website | Phone Number |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Untied Methodist/Faith & Hope Circuit | | 712-583-3334 |
| West Page Improvement Center | | 712-246-4564 |
| Women, Infant, and Children (WIC-Matura) | https://idph.iowa.gov/wic | 1-800-532-1579 |
| <i>Fuel Assistance</i> | | |
| Page County Veterans Affairs (Janet Olsen) | https://pagecounty.iowa.gov/offices/veterans-affairs/ | 712-246-4254 |
| Southwest Iowa Housing Repair Program | www.swiamhds.com/resources | 712-328-5645 |
| Southwest Iowa Planning Council | https://www.swipco.org/ | 1-866-279-4720 |
| West Central Community Action | https://www.swiamhds.com/resources/west_central_community_action_page_county_outreach/ | 712-246-2585 |
| *Clothing; Food Pantry Referrals; Low Income Energy Assistance; WIC; Headstart; Senior Aide Employment; Child Care Referrals; Weatherization | | |
| <i>Clothing</i> | | |
| Clarinda Community Center Thrift Shop (9 a.m. to 12 p.m. and 1 p.m. to 4 p.m.) | | 712-542-3161 |
| West Central Community Action (Free Clothing Room M-F 8 a.m. to 4:30 p.m.) | https://www.swiamhds.com/resources/west_central_community_action_page_county_outreach/ | 712-246-2585 |
| West Page Improvement Center | | 712-246-4564 |
| 4. Children, Youth, and Families | | |
| <i>Youth Services</i> | | |
| Boys Town of Iowa | https://www.boystown.org/hotline/Pages/default.aspx | 712-542-1525 |
| Child Health Specialty Clinic | https://chsciowa.org/ | 1-866-652-0041 |
| ISU Extension and Outreach - Page County | https://www.extension.iastate.edu/page/ | 712-542-5171 |
| *Growing Strong Families and 4-H & Youth Development Program | | |
| National Runaway Safe Line | https://www.1800runaway.org/ | 1-800-786-2929 |
| Page County Public Health | https://pagecounty.iowa.gov/offices/public-health/ | 712-850-1212 |
| Adult Immunizations; Children's Immunizations; Childhood Lead Poisoning Prevention; Lead Test | | |
| Southwest Iowa Families | www.southwestiowafamilies.org | 712-542-3501 |
| *Anger Management; After Care Serices; Behavior Health Intercation; Bright & Beautiful Beginnings; Children's Play Therapy; Dinosaur School; Individual, Family, and Marriage Counseling; Parent/Child Interaction Therapy; Positive Family Home Visiting Program; The Nest | | |
| SWIA Mental Health and Disability Services | https://www.swiamhds.com/ | 712-328-5812 |
| Taylor Public Health | https://taylorcountyhealth.com/ | 712-523-3405 |

| Business Name | Website | Phone Number |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| *1st Five Healthy Meals Development; Child Care Nurse Consultant; Child Passenger Safety; Immunizations; I-Smile; Lead Poisoning Prevention; Newborn Baby Visits; Prenatal Program | | 800-425-0051 |
| Waubonsie Mental Health Center | http://www.waubonsiemhc.com/ | 712-542-2388 |
| *Family Counseling; Individual Counseling; Psychiatric Medication Evaluations; Relationship Counseling | | 800-432-1143 |
| West Community Action - Administration Office | https://www.westcentralca.org/ | 800-698-5886 |
| <i>Pre-Schools</i> | | |
| Clarinda Community School Pre-School | https://www.clarinda.k12.ia.us/ | 712-542-4510 |
| Clarinda Head Start | https://www.clarinda.k12.ia.us/ | 712-542-1170 |
| Essex Childcare Center | | 712-379-3870 |
| Grandma's House | | 712-542-5502 |
| Noah's Ark Pre-School | https://www.stjohnclarinda.org/page/noah-s-ark-daycare-and-preschool | 712-542-5501 |
| Shenandoah Community School Pre-School | https://www.shencsd.com/ | 712-246-1581 |
| Shenandoah Head Start | https://www.shencsd.com/ | 712-246-4180 |
| South Page Community School Pre-School | https://www.southpageschools.com/ | 712-582-3212 |
| Turnbull Child Development Center | https://www.turnbullcdc.com/ | 712-246-1204 |
| Department of Human services: Located at Montgomery County | https://dhs.iowa.gov/node/1946 | 712-623-4838 1-888-623-4838 |
| <i>Adoption and Foster Care</i> | | |
| Catholic Charities | www.catholiccharitiesdm.org | 712-328-0266 |
| Department of Human services: Located at Montgomery County | https://dhs.iowa.gov/node/1946 | 712-623-4838 1-888-623-4838 |
| Lutheran Family Services | https://www.lfsneb.org/ | 402-556-2367 |
| Lutheran Services in Iowa (Respite Supervisor) | https://lsiowa.org/sfpd/respice-care/ | 712-323-1558 |
| 5. Churches - Special Programs and Counseling | | |
| New Beginnings, Steven Leibsack | http://newbcchurch.com/ | 712-246-4262 |
| *Pastoral Counseling | | |
| Emmanuel Lutheran Church, Pastor Kurt Hoover | https://www.emmanuel-lutheran.com/ | 712-246-3287 |
| *Short-term pastoral counseling | | |
| First Baptist Church - Clarinda, Pastor Mitch Grosseohme | https://clarindafbc.weebly.com/ | 712-542-4362 |

| Business Name | Website | Phone Number |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| First Baptist Church - Shenandoah, Pastor Don Buttry | https://www.abc-usa.org/ | 712-246-3190 |
| *Shenadoah Community food pantry, pastoral counseling | | |
| First Presbyterian Church, Pastor Rick Sleyster | https://www.pcusa.org/ | 712-246-3592 |
| First United Methodist Church, Pastor Andrew Rubenking | https://www.facebook.com/Clarinda.First.UMC/ | 712-542-3719 |
| *Faith, Food, and Fellowship; Food pantry; Sew and Share | | |
| New Life Assembly of God, Pastor Butch Patterson | https://www.facebook.com/groups/128926107183316 | 712-542-4762 |
| *Renew You (Adult support group for addictions, grief, loss, etc.) | | |
| Nishna Valley Christian church, Pastor Jack Langley | https://www.shenandoahchurch.com/ | 712-246-5125 |
| *Pastoral Counseling | | |
| St. Mary's Catholic Church, Father Vern Smith | https://www.stmarysiowa.org/ | 712-246-1718 |
| Trinity Presbyterian Church, Pastor Leslie Traylor | https://www.firstprescos.org/ | 712-542-2987 |
| United Methodist Church of Faith and Hope - Coin, Pastor Jim Buckhahn | https://www.umc.org/en/find-a-church/church/?id=50884 | 712-583-3334 |
| *Angel Food Program | | |
| Living Water Outreach Church of God | https://livingwateroutreachcog.com/ | 712-355-2678 |
| *Living Water Baby Boutique - offer diapers, wipes, clothes, and more free of charge | | |
| *Empower - employee coaching program (resumes and coverletters, interview skills, how to dress in the workplace, office etiquette, conflict resolution skills, engagement and motivation, and maximizing failure | | 712-850-1515 |
| 6. Disability Services | | |
| University of Iowa Health Care | www.chsiowa.org | 1-86-219-9119 |
| *Child Health Specialty Clinics | | |
| Department of Human services: Located at Montgomery County | www.dhs.iowa.gov | 712-623-4838 1-888-623-4838 |
| Easter Seals Rural Solutions | www.easterseals.com/ia/our-programs/ | 515-289-1933 |
| Iowa State University Parks Library | www.lib.iastae.edu | 515-294-3642 |
| Iowa Department of Human Rights - Client Assistance Program | https://humanrights.iowa.gov/cas/pd/client-assistance-program | 515-242-5655 |
| Iowa Compass | www.iowacompass.org | 1-800-779-2001 |

| Business Name | Website | Phone Number |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------|
| Disability Rights Iowa | www.disabilityrightsowa.org | 515-278-2502 |
| | | 800-779-2502 |
| Iowa Vocational Rehabilitation Services | https://ivrs.iowa.gov/ | 712-542-5414 |
| | | 515-281-4211 |
| League of Human Dignity | www.leagueofhumandignity.com | 712-323-6863 |
| Lutheran Services in Iowa (Respite Supervisor) | www.lsiowa.org | 712-323-1558 |
| Nishna Productions | www.nishna.org | 712-246-1242 |
| Speech to Speech (hear of hearing, deaf, and speech disability) | www.spechtospeech.org | 916-448-5517 |
| SWIA Mental Health and Disability Services Region | www.swiamhds.com | 712-328-5812 |
| | | *Crisis Line - Hope 4 Iowa |
| | https://www.swiamhds.com/services/hope_4_iowa/ | 844-673-4469 |
| Veterans Administration Clinic, Shenandoah | https://www.va.gov/nebraska-western-iowa-health-care/ | 712-246-0092 |
| Waubonsie Mental Health Center | http://www.waubonsiemhc.com/ | 712-542-2388 |
| *Family Counseling; Individual Counseling; Psychiatric Medication Evaluations; Relationship Counseling | | 712-518-7900 |
| 7. Drug, Alcohol Abuse, and Gambling | | |
| Alcohol and Drug Abuse Counseling - referral line | | 1-800-454-8966 |
| Bets Off | www.888betsoff.org | 888-238-7633 |
| Clarinda Police Department, non-emergency | | 712-542-2194 |
| Free People from Tobacco | www.facebook.com/FreePeopleFromTobacco | 1-800-944-3446 |
| Page County Drug Enforcement Officer | https://pagecounty.iowa.gov/offices/sheriffs-office/ | 712-542-5193 |
| Page County General Relief Assistance | https://pagecounty.iowa.gov/emergency-resources | 712-246-2585 |
| Quitline Iowa - Free, confidential way to quit smoking | https://quitlineiowa.org/ | 800-784-8669 |
| Shenandoah Police Department | https://www.shenandoahiowa.net/city_departments.asp | 712-246-3512 |
| Southwest Iowa Families | www.southwestiowafamilies.org | 712-542-3501 |
| Anger Management; After Care Services; Behavior Health Intervention; Bright & Beautiful Beginnings; Children's Play Therapy; Dinosaur School; Individual, Family, and Marriage Counseling; Parent/Child Interaction Therapy; Positive Family Home Visiting Program; The Nest | | 1-888-486-9599 |
| Zion Recovery Services - Clarinda | https://zioniowa.org/ | 712-542-4481 |
| Zion Recovery Services - Shenandoah | | 712-246-4832 |
| Zion - Emergency After Hours | | 712-542-3720 |

| Business Name | Website | Phone Number |
|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| 8. Education | | |
| American Red Cross of Nebraska and SW Iowa - Training and Certification | https://www.redcross.org/take-a-class | 402-343-7700 |
| Clarinda Community School (administration) | https://www.clarinda.k12.ia.us/ | 712-542-5165 |
| Clarinda Lied Public Library | https://www.clarindapubliclibrary.org/ | 712-542-2416 |
| Clarinda Lutheran School | https://clarindalutheralschool.com/ | 712-542-3657 |
| Coin Public Library | | 712-583-3684 |
| Denison Job Corps | https://denison.jobcorps.gov/ | 712-263-4192 ext. 119 |
| Early Access - Green Hills Aread Education Agency | https://www.ghaea.org/families/early-access-birth-to-3-years/ | 712-366-0503 ext. 3607 |
| Essex Community School | http://www.essex.k12.ia.us/ | 712-379-3115 |
| Essex Lied Public Library | https://www.essex.lib.ia.us/ | 712-379-3355 |
| Fostering Literacy (local call for Clarinda) | | 712-542-1050 |
| Green Hills Area Education Association | https://www.ghaea.org/ | 712-623-2559 |
| Growing Strong Families - Fremont | https://www.extension.iastate.edu/fremont/family-food | 712-374-2351 |
| Growing Strong Families - Page | https://www.extension.iastate.edu/page/family-food | 712-542-5171 |
| Iowa Compass | www.iowacompass.org | 800-779-2001 |
| Iowa Western Community College: | | |
| Council Bluffs Office | https://www.iwcc.edu/ | 800-432-5852 |
| Clarinda Campus | | 712-542-5117 |
| Shenandoah Campus | | 712-246-1499 |
| Business Name | Website | Phone Number |
| ISU Answerline | www.extension.iastate.edu/answerline | 800-262-3804 |
| ISU Registration Services | https://www.regcytes.extension.iastate.edu/services/ | 800-262-0015 |
| Iowa State University Extension and Outreach - Page County | www.extension.iastate.edu/page | 712-542-5171 |
| League of Human Dignity | https://leagueofhumandignity.com/ | 800-843-5774 |
| M.A.Y. Mentoring Program, Kim Leininger | https://www.shencsd.com/vnews/display.v/SEC/District%7CMAY%20Mentoring | 712-246-1581 |
| Nishna Productions | https://www.nishna.org/ | 712-246-1242 |
| Promise Jobs | https://www.iowaworkforcedevelopment.gov/promise-jobs-orientation-packet | 712-352-3480 |
| Shenandoah Alternative School | https://www.shencsd.com | 712-246-2520 |

| Business Name | Website | Phone Number |
|-----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Shenandoah Community Schools | https://www.shencsd.com | 712-246-1581 |
| Shenandoah Public Library | http://www.shenandoah.lib.ia.us/ | 712-246-2315 |
| South Page High School | https://www.southpageschools.com/ | 712-582-3212 |
| The Nest | http://www.southwestiowafamilies.org/services/bright-beautiful-beginnings-0-5/ | 712-542-3501 |
| Vocational Rehabilitation | https://ivrs.iowa.gov/ | 712-542-5414 |
| West Community Action - Administration Office | https://www.westcentralca.org/ | 800-698-5886 |
| Workforce Development (Area location site-Council Bluffs) | https://www.iowaworkforcedevelopment.gov | 712-242-2100 |

9. Emergency Shlters and Disaster Services

| | | |
|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| American Red Cross of Nebraska and SW Iowa | https://www.redcross.org/local/nebraska/about-us/locations/omaha-council-bluffs-metro-region-office.html | 402-343-7700 |
| Catholic Charities Phoenix House Office (24 hours)-Des Moines | https://www.catholiccharitiesaz.org/ | 712-328-0266 |
| Family Crisis Support Network (24 hours-Cass County) | https://www.swiamhds.com/resources/family_crisis_support_network/ | 712-243-6615 |
| Page County Emergency Management (Chris Grebert) | https://pagecounty.iowa.gov/offices/emergency-management-agency/ | 712-542-1422 |
| Page County Veterans Affairs (Janet Olsen) | https://pagecounty.iowa.gov/offices/veterans-affairs/ | 712-246-4254 |
| | | 1-877-89-0007 |
| Turning Pointe - Crisis Stabilization Residential Services (Waubonsie mental Health Center) | http://www.waubonsiemhc.com/ | 712-542-2388 |

10. Employment

| Iowa Concern Hotline | https://www.extension.iastate.edu/iowaconcern/ | 1-800-447-1985 |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Iowa Vocational Rehabilitation | https://ivrs.iowa.gov/ | 712-542-5414 |
| League of Human Dignity | https://leagueofhumandignity.com/ | 1-800-843-5774 |
| Business Name | Website | Phone Number |
| Promise Jobs | https://www.iowaworkforcedevelopment.gov/promise-jobs-orientation-packet | 712-352-3480 |
| Proteus, Inc. (Agricultural Workers) | https://www.proteusinc.net/ | 1-800-382-6031 |
| Senior Aids (West Central Community Action) | https://www.westcentralca.org/ | 712-246-2585 |

| Business Name | Website | Phone Number |
|------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Workforce Development (Area location site-Council Bluffs) | https://www.iowaworkforcedevelopment.gov | 712-242-2175 |
| 11. Health Care | | |
| CHI Health Psychiatric Associates, Omaha | https://www.chihealth.com/ | 402-717-7681 |
| CHI health Mercy Corning | https://www.chihealth.com/ | 641-322-3121 |
| Accura HealthCare of Shenandoah | https://www.accura.healthcare/location/shenandoah/ | 712-246-4627 |
| American Cancer Society | https://www.cancer.org/ | 515-253-0147 800-227-2345 |
| Angels Care Home Health | https://www.angelscarehealth.com/ | 712-246-2454 |
| Child Health Specialty Clinic | https://chsciowa.org/ | 1-866-219-9119 |
| Clarinda Regional Health Center | https://www.clarindahealth.com/ | 712-542-2176 |
| Clarinda Regional Health Center Bone Density | https://www.clarindahealth.com/radiology | 712-542-8221 |
| Clarinda Regional Health Center Cardiac Rehabilitation | https://www.clarindahealth.com/cardiac-pulmonary | 712-542-8299 |
| Clarinda Regional Health Center Clarinda Medical Associates | https://www.clarindahealth.com/clarinda-medical-associates | 712-542-8330 |
| Clarinda Regional Health Center Diabetes Education | https://www.clarindahealth.com/diabetes-education | 712-542-8263 |
| Clarinda Regional Health Center Dietitian Services | https://www.clarindahealth.com/dietitian-services | 712-542-8323 |
| Clarinda Regional Health Center Digital Mammography | https://www.clarindahealth.com/radiology | 712-542-8221 |
| Clarinda Regional Health Center Physical, Occupational, Speech Therapy | https://www.clarindahealth.com/therapy-services | 712-542-8224 |
| Clarinda Regional Health Center Respiratory Therapy | https://www.clarindahealth.com/cardiac-pulmonary | 712-542-8275 |
| Clarinda Regional Health Center Specialty Clinics | https://www.clarindahealth.com/specialty-clinic | 712-542-8216 |
| Clarinda Regional Health Center Surgery Center | https://www.clarindahealth.com/surgery-center | 712-542-8349 |
| Community Hospital of Fairfax, Missouri | https://www.fairfaxmed.com/ | 660-686-2211 |
| Connections Area Agency on Aging | https://www.connectionsaaa.org/ | 1-800-432-9209 |
| Department of Human Services: Located at Montgomery County | https://dhs.iowa.gov/ | 712-623-4838 |

| Business Name | Website | Phone Number |
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| Garden View Care Center | https://trilliumhcg.com/fac-gardenview.html | 712-246-4515 |
| Goldenrod Manor Care Center (skilled nursing facility) | https://www.jpseior.com/ | 712-542-5621 |
| Good Samaritain Society (Red Oak) | https://www.good-sam.com/ | 712-623-3170 |
| Good Samaritain Society (Villisca) | https://www.good-sam.com/ | 712-826-9592 |
| George C. Grape Community Hospital | https://www.grapehospital.com/ | 712-382-1515 |
| Hawk-I Healthy Kids of Iowa | https://dhs.iowa.gov/hawki | 1-800-257-8563 |
| Iowa Healthy Families Line | | 1-800-369-2229 |
| Healthcare.gov | https://www.healthcare.gov/ | |
| Heartland Hospice, Montgomery County (serves Page County) | https://promedicahomehealth.org/ | 712-623-7194 |
| Home Sweet Home, Inc. (home care) | http://hshc.biz/ | 712-542-4181 |
| I-Smile | http://taylorcountyhealth.com/pregnancy--children.html | 1-800-425-0051 |
| Iowa Association of Area Agencies on Aging | https://i4a.org/ | 1-866-468-7887 |
| Iowa Comission for the Blind | https://blind.iowa.gov/ | 1-800-362-2587 |
| Iowa Compass | https://www.iowacompass.org/ | 1-800-779-2001 |
| Iowa Concern Hotline | https://www.extension.iastate.edu/iowaconcern/ | 1-800-447-1985 |
| Iowa Department of Elder Affairs | https://iowaaging.gov/ | 515-242-3333 |
| Aging-Long Term Care Ombudsman | https://iowaaging.gov/state-long-term-care-ombudsman | 515-725-3308 |
| Methodist Health System Senior Services | https://www.methodisthealthsystem.org/patients-visitors/patient-education/generations-senior-services/ | 402-331-1111 |
| Montgomery County Memorial Hospital - Red Oak, Iowa | http://www.mcmh.org/ | 712-623-7000 |
| Nathional Elder Locator | https://eldercare.acl.gov/Public/Index.aspx | 1-800-677-1116 |
| National Poison Control Center | https://www.poison.org/ | 1-800-222-1222 |
| Nodaway Valley Free Clinic | https://www.freeclinics.com/det/ia_Nodaway_Valley_Free_Clinic_Inc | 712-542-0702 |
| *First, Second, and Third Thursdays of the month, 6pm to 9pm, Clarinda Outpatient clinic, contact Karen | | |
| Page County Public Health | https://pagecounty.iowa.gov/offices/public-health/ | 712-850-1212 |
| *Childhood Lead Poisoning Prevention, Children's Immunizations, Lead Test, Adult Immunizations | | |
| Planned Parenthood of Mid Iowa | https://www.plannedparenthood.org/planned-parenthood-north-central-states | 712-623-5522 |
| Prime Home Care and Compassionate Care (hospice) | https://primehomecare.org/ | 712-542-1504 |

| Business Name | Website | Phone Number |
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| Red Oak Rehabilitation and Care Center | http://www.redoakcc.com/SNF/Default.aspx | 712-623-5156 |
| Senior Health Insurance Information Program (SHIIP) | https://shiip.iowa.gov/ | 1-800-351-4664 |
| Sexually Transmitted Diseases Hotline (9a.m.-8p.m.) | http://www.ashastd.org/ | 800-2247-8922 |
| Shenandoah Medical Center | https://smchospital.com/ | 712-246-7400 |
| Shenandoah Medical Center Cardiac/Pulmonary Rehabilitation | https://smchospital.com/ | 712-246-7104 |
| Shenandoah Medical Center Wellness Center | https://smchospital.com/ | 712-246-7000 |
| Shenandoah Pregnancy & Resource Center | | 712-581-9023 |
| Southwest Iowa Families, Inc. | www.southwestiowafamilies.org | 712-542-3501 |
| *Anger Management; After Care Services; Behavior Health Intervention; Bright & Beautiful Beginnings; Children's Play Therapy; Dinosaur School; Individual, Family, and Marriage Counseling; Parent/Child Interaction Therapy; Positive Family Home Visiting Program; The Nest | | 1-888-486-9599 |
| Southwest Iowa Home Health | https://www.grapehospital.com/getpage.php?name=homehealth | 712-374-2685 877-229-1781 |
| Mosaic Medical Center - Maryville | https://www.mymc.com/Main/Location/maryville-mo/mosaic-medical-center-maryville/ | 660-562-2600 |
| Accura HealthCare of Stanton | https://www.accura.healthcare/location/stanton/ | 712-829-2727 |
| Teen Health Line (Iowa Department of Human Services) | https://www.teenline.org/ | 1-800-443-8336 |
| Shenandoah VA Clinic | https://www.va.gov/nebraska-western-iowa-health-care/ | 712-246-0092 |
| University of Nebraska Medical Center - Genetics Testing | https://www.unmc.edu/mmi/services/geneticmed/genetics-testing.html | 402-559-6418 |
| Waubonsie Mental Health Center | http://www.waubonsiemhc.com/ | 712-542-2388 |
| Family Counseling; Individual Counseling; Psychiatric Medication Evaluations; Relationship Counseling | | 1-800-432-1143 |
| Azria Health Clarinda | https://www.azriahealth.com/locations/azria-health-clarinda | 712-542-5161 |
| 12. Legal | | |
| Attorney General | https://www.iowaattorneygeneral.gov/ | 515-281-5164 |
| Consumer Protection Division | https://www.iowaattorneygeneral.gov/for-consumers | 515-281-5926 |
| Crime Victim Assistance Division | https://www.iowaattorneygeneral.gov/for-crime-victims | 515-281-5044 |

| Business Name | Website | Phone Number |
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| Environmental Law Division | https://www.iowaattorneygeneral.gov/about-us/divisions/environmental-law | 515-281-5351 |
| Farm Division | https://www.iowaattorneygeneral.gov/about-us/divisions/farm | 515-281-8359 |
| Child Support Collection Service | https://secureapp.dhs.state.ia.us/customerweb/ | 888-229-9223 |
| Iowa Concern Hotline - Attorney | https://www.extension.iastate.edu/iowaconcern/legal.html | 1-800-447-1985 |
| Iowa Legal Aid, Southwest Iowa Regional Office | https://www.iowalegalaid.org/organization/iowa-legal-aid-southwest-iowa-regional-office?ref=Xro47 | 515-280-3636 |
| Iowa Mediation Service | https://www.iowamediationservice.com/ | 515-331-8081 |
| Juvenile Court Services | https://www.iowacourts.gov/iowa-courts/juvenile-court | 712-623-4886 |
| Page County Attorney | https://pagecounty.iowa.gov/offices/attorney/ | 712-542-2514 |
| Women's Resource & Action Center | https://wrac.uiowa.edu/ | 319-335-1486 |

13. Mental Health and Emotional Support

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| Alzheimer's Greater Chapter of Iowa - Creston | https://www.alz.org/iowa | 800-272-3900 |
| Area Education Association - Targeted Services and Supports | https://iowaaeamentalhealth.org/ | 712-366-0503 |
| Catholic Charities Phoenix House Office (24 hours)- Des Moines | www.catholiccharitiesdm.org | 712-328-0266 |
| Clarinda Regional Health Center | https://www.clarindahealth.com/ | 712-542-2176 |
| Connections Area Agency on Aging | https://www.connectionsaaa.org/ | 800-432-9209 |
| Gamblers Anonymous Interantional Service Office | https://www.gamblersanonymous.org/ga/addresses | 213-386-8789 |
| Gree Hills Area Education Agency | https://www.ghaea.org/ | 712-322-7354 |
| Heartland Family Services | https://www.heartlandfamilyservice.org/ | 712-322-1407 |
| Hope 4 Iowa Crisis Call Line | https://www.swiamhds.com/resources/hope_4_iowa_crisis_line/#:~:text=Call%2084%2DHOPE%2D4%2D,or%20844%2D673%2D4469. | 844-673-4469 |
| Iowa Compass | https://iowacompass.org/ | 800-779-2001 |
| Iowa Concern Hotline | https://www.extension.iastate.edu/iowaconcern/ | 800-447-1985 |
| Iowa Gambling Treatment Program | https://idph.iowa.gov/igtp | 800-Bets-Off |
| Lutheran Social Service of Iowa | https://lsiowa.org/ | 866-409-2352 |
| Nathional Runaway Safeline | https://www.1800runaway.org/ | 800-621-4000 |
| Nishna Productions | https://www.nishna.org/ | 712-246-1242 |
| Shenandoah Medical Center | https://smchospital.com/ | 712-246-7400 |

| Business Name | Website | Phone Number |
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| *Childbirth classes, cancer support group, diabetes support, home health care, hospice, prenatal childbirth class, parenting classes, prostate cancer support, overeaters anonymous, widow/widower support group | | |
| Shenandoah Medical Center Mental Health Outpatient Service | https://smchospital.com/ | 712-246-7390 |
| Southwest Iowa Families, Inc. | http://www.southwestiowafamilies.org/ | 712-542-3501 |
| *Anger Management; After Care Serices; Behavior Health Intercation; Bright & Beautiful Beginnings; Children's Play Therapy; Dinosaur School; Individual, Family, and Marriage Counseling; Parent/Child Interaction Therapy; Positive Family Home Visiting Progra | | |
| Teen Line (24 hours) | https://www.teenline.org/ | 800-443-8336 |
| Veterans Administration Cinic, Shenandoah | https://www.va.gov/nebraska-western-iowa-health-care/locations/shenandoah-va-clinic/ | 712-246-0092 |
| Waubonsie Mental Health Center | http://www.waubonsiemhc.com/ | 712-542-2388 |
| *Family Counseling; Individual Counseling; Psychiatric Medication Evaluations; Relationship Counseling | | |
| 14. Senior Citizen Services | | |
| Accura Health Care of Shenandoah | https://www.accura.healthcare/location/shenandoah/ | 712-246-4627 |
| Alzheimers Disease and Related Dementia | https://www.nia.nih.gov/health/about-adeaar-center | 800-438-4380 |
| Angels Care Home Health | https://www.angelscarehealth.com/ | 712-246-2454 |
| Azria Health Clarinda | https://www.azriahealth.com/locations/azria-health-clarinda | 712-542-5161 |
| Clarinda Senior Center (Lied Center) | | 712-542-2932 |
| Connections Area Agency on Aging | https://www.connectionsaaa.org/ | 800-432-9209 |
| Eiler Place - Assisted Living Community | https://www.enlivant.com/communities/iowa/eiler-place-clarinda?y_source=1_MjAyNjU0MC03MTUtbG9jYXRpb24ud2Vic2l0ZQ%3D%3D | 712-264-5575 |
| Garden View Care Center | | 712-246-4515 |
| Goldenrod Manor Care Center (skilled nursing facility) | | 712-542-5621 |
| Home Sweet Home, Inc. (home care) | http://hshc.biz/ | 712-542-4181 |
| Hospice of SW Iowa (Corning) | | 641-322-6283 |
| Iowa Department on Aging | https://iowaaging.gov/ | 866-468-7887 |
| Iowa Legal Aid (hotline for Iowans 60 and over) | https://www.iowalegalaid.org/ | 800-992-8161 |
| Lifelong Links | https://iowa.myresourcedirectory.com/ | 866-468-7887 |

| Business Name | Website | Phone Number |
|------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Long-term Care Ombudsman | https://iowaaging.gov/state-long-term-care-ombudsman | 515-725-3308 |
| | | 866-236-1430 |
| Meals on Wheels (Shenandoah Medical Center) | | 712-246-7400 |
| Fresh Eats (Clarinda Hospital) | https://www.clarindahealth.com/food-services/cafeteria | 712-542-8261 |
| National Eldercare Locator | https://eldercare.acl.gov/Public/Index.aspx | 800-677-1116 |
| Page County Public Health | https://pagecounty.iowa.gov/offices/public-health/ | 712-246-2332 |
| Pure Health Services | http://www.purehealthservices.org | 712-850-1323 |
| *Available 24/7/365; In home services | | |
| Pure Rehabilitation | www.purerehabilitation.com | 712-850-1348 |
| *In Home Services | | |
| West Central Community Action | https://www.westcentralca.org/ | 712-246-2585 |
| Senior Health Insurance Information Program (SHIIP) | https://shiip.iowa.gov/ | 800-351-4664 |
| Shenandoah Memorial Hospital Home Health and Hospice | https://smchospital.com/ | 712-246-7317 |
| Social Security Administration | https://ssofficelocation.com/offices/iowa/creston/creston-social-security-office-50801/ | 712-623-4838 |
| Teleservice Center | | 1-800-772-1213 |
| District Office | | 641-782-8072 |
| Southwest Iowa Home Health | https://www.grapehospital.com/ | 712-374-2685 |
| State of Iowa Adult Abuse Hotline | https://dhs.iowa.gov/report-abuse-and-fraud | 800-362-2178 |
| Windsor Manor | https://www.windsor-manor.com/ | 712-246-2194 |